


BREAKFAST SET & A LA CARTE

1. TAKE AWAY BREAKFAST

 ¥3,080

Available 24 hrs (It requires 24 hrs advance notice)

Assorted Bakeries
Banana
Fruit Yoghurt
Cup Fruit Salad
Bottle of Orange Juice
Bottle of Mineral Water

2. CONTINENTAL BREAKFAST

¥2,970

Available 24 hrs

Your Choice of Chilled Juice or Smoothie of the Day
Orange, Grapefruit, Tomato, Apple, Pineapple or Smoothie of the Day (Please Ask Our Server for Today's Selection)

Your Choice of Assorted Bakeries
Served with Butter, Jam, Marmalade and Honey
Toast (J-Cereal White, Whole Wheat, Muesli, Rye Bread)
Croissant or Bakery Basket

Your Choice of Cereal and Milk
Cornflakes, Rice Krispies, Fruit Granola,
Sugarless Crispy Muesli, All-bran or Chocolate Cereal,
Milk, Whole, Low-fat, Soybean, Non-fat Skim,
Plain Yoghurt, Low-fat Yoghurt, Fat-free Yoghurt

Your Choice of Drink
Brewed Regular or Caffeine Free Coffee,
Ceylon, Earl Grey, Darjeeling, English Breakfast Tea,
Camomile, Peppermint or Rosehip

3. THE HEALTHY SPA BREAKFAST

¥3,850

Available from 7:00 A.M. to 10:00 A.M. Only

Your Choice of Chilled Juice or Smoothie of the Day
Orange, Pineapple, Grapefruit, Apple, Tomato or Smoothie of the Day (Please Ask Our Server for Today's Selection)

Plain or Low-fat Yoghurt
Two Eggs White Omelette, Green Asparagus, Brown Loaf
Freshly Sliced Avocado
Spinach, Ricotta Cheese and Walnut Salad
Served with Japanese Green Tea or Brewed Regular Coffee

4. THE INTERCONTINENTAL BREAKFAST ¥3,850

Available 24 hrs

Your Choice of Chilled Juice or Smoothie of the Day
Orange, Grapefruit, Tomato, Apple, Pineapple or Smoothie of the Day (Please Ask Our Server for Today's Selection)

Your Choice of Assorted Bakeries
Served with Butter, Jam, Marmalade and Honey
Toast (J-Cereal White, Whole Wheat, Muesli, Rye Bread)
Croissant or Bakery Basket

Your Choice of Cereal and Milk
Cornflakes, Rice Krispies, Fruit Granola,
Sugarless Crispy Muesli, All-bran or Chocolate Cereal
Milk, Whole, Low-fat, Soybean, Non-fat Skim,
Plain Yoghurt, Low-fat Yoghurt, Fat-free Yoghurt

Two Eggs Cooked Any Style with Your Choice of Three Side Garnitures
Fried, Plain Omelette, Poached, Scrambled or Boiled

Bacon , Pork Sausages , Chicken Sausages
Baked Beans, Sautéed Mixed Japanese Mushrooms or
Sautéed Japanese Tomato

Your Choice of Drink
Brewed Regular or Caffeine Free Coffee,
Ceylon, Earl Grey, Darjeeling or English Breakfast Tea,
Camomile, Peppermint or Rosehip

5. TRADITIONAL JAPANESE BREAKFAST ¥3,960

Available from 7:00 A.M. to 10:00 A.M. Only

Small side Dish, Sesami Tofu, Grilled fish on the Day,
Simmered Vegetable, Miso Soup, Rice, Japanese Pickles, Fresh Fruits,
Served with Brewed Regular Coffee or Japanese Green Tea

6. Rice Porridge

  1,870


Japanese Style (One Soft-boiled Egg, Dried Sour Plum and Japanese Pickles)
Or
Chinese Style (Boiled Chicken, Dried Shrimps, Ginger and Coriander)

7. Deep Fried Tofu

  2,200

With Vegetables in Thick Japanese Sauce

8. Wheat Noodle Soup

 2,750

With Prawn Tempura and Egg

9. Steamed Plain Japanese Rice

  550

BREAKFAST A LA CARTE

From 6:00 to 10:00

10. Freshly Squeezed Juice or Smoothie ¥ 1,650
 Juice : Orange, Grapefruit or Tomato
 Smoothie : Banana, Strawberry or Smoothie of the Day (Please ask our server for today's selection)

11. Chilled Juice ¥ 1,100
 Apple, Pineapple, Cranberry

12. Swiss Bircher Muesli ¥ 1,650
 Grated Fresh Apples, Raisins, Honey and Dried Fruits

13. Oatmeal Porridge 1,760
 Served with Honey and Mixed Berry Compote

14. Seasonal Sliced Fruits or Compote ¥ 1,980
 (Your Choice of One)
 Assorted Seasonal Fruit, Muskmelon, Banana, Pineapple, Grapefruit, Mango or Papaya
 Apple Compote, Pear Compote

15. Your Choice of Cereal and Milk 1,210
 Cornflakes, Granola with Dried Fruit, All Bran or
 Choice of : Milk, Low-fat, Soybean or Almond Milk

16. Yoghurt 990
 Plain, Low-fat, Fat-free

17. Fruit Yoghurt 1,320
 Plain Yoghurt Served with Seasonal Fruit

18. Classic Pancakes 1,870
 Served with Maple Syrup and Mixed Berry Compote

19. Original French Toast 1,870
 Served with Honey and Mixed Berry Compote

20. Your Choice of Assorted Bakeries

Available 24 hrs

Toast (J-Cereal White, Whole Wheat, Muesli, Rye Bread)
 Brioche, Croissant, Muffins or Danishes
 Served with Butter, Jam, Marmalade and Honey

Basket of 5 Pieces 1,925
Basket of 3 Pieces 1,155

*Gluten-free Bread are Available on Request.
 Please Ask Our Server.



21. Two Eggs Cooked Any Style with Your Choice of Three Side Garnitures ¥ 1,980

Scrambled, Fried, Poached or Boiled

Bacon 🐷, Chicken Sausages, Pork Sausages 🐷, Daily Potatoes, Baked Beans, Sautéed Mixed Japanese Mushrooms or Sautéed Japanese Tomato

22. Three Eggs Omelette 2,200

Please choose the style.

- Whole Omelette with Cheese, Ham and Mushroom 🐷

- White Omelette, Served with Vegetables

- Spanish Omelette with Vegetables

Eggs Benedict
Your Choice of Eggs Benedict

23. Classic 1,870

24. Honey Ham 🐷 1,980

25. Spinach 1,980

26. Smoked Salmon 1,980

27. Smoked Turkey 1,980

Your Choice of Side Meats

28. Ham 🐷 800

29. Bacon 🐷 800

30. Pork Sausages 🐷 800

31. Chicken Sausages 800