



# MENU

## THANN SANCTUARY SPA Akasaka

### ■ SIGNATURE TREATMENT

THANN SANCTUARY SIGNATURE 120min. ¥ 19,980(¥ 18,500)

A deep tissue treatment, incorporating firm palm, thumb and forearm pressure to relieve and heal muscular aches and pains. Employing a unique blend of Thai and other Asian healing techniques combined with your choice of Body & Massage Oil helps induce relaxation and ease away tension. This rejuvenating massage treatment is highly recommended for active people or after any sports activity.

NANO SHISO THERAPY 160min. ¥ 26,460(¥ 24,500)

This very unique treatment incorporates the healing properties of Shiso in a 60-minute massage of your choice, THANN Aroma or Ayurvedic Body Massage, and our 70 minute Nano Shiso Anti-Aging Facial. Shiso extract is an anti-oxidant, moisturizer and emollient and combined with Rice Bran Oil will help nourish and heal your whole body.

### ■ MASSAGE THERAPY

THANN AROMA THERAPY 90min. ¥ 13,800(¥ 12,778)  
130min. ¥ 22,600(¥ 20,926)

A gentle detoxifying lymphatic massage combining the healing properties of essential oils and nourishing Rice Bran Oil to help lift your spirits, soothe your mind and relax your body. This very soothing treatment will continue to have effect for a few days after whilst the oil is allowed to deeply penetrate the skin for a few hours. Depending on your current state, you can choose the oil to best suit your needs: Stimulating (Sea Foam), Sensual (Aromatic Wood), Clarifying (Oriental Essence).

\*Includes special head massage and décolleté care in the 130min. treatment.

SWEDISH MASSAGE 90min. ¥ 13,800(¥ 12,778)  
130min. ¥ 19,980(¥ 18,500)

This well-known treatment caters to your specific needs to help relieve the build-up of tension that causes stiff muscles and poor circulation. Friction, kneading and hacking techniques are utilized along with our scintillating Body Butter Massage Cream to help bring the body to a more relaxed state leaving you better able to cope with the stress of everyday life.

\*Includes special head massage and décolleté care in the 130min. treatment.



## ■ FACIAL THERAPY

### PURIFYING FACIAL

90min. ¥ 13,800(¥ 12,778)

For all skin types, this treatment begins with a gentle wash with our Facial Cleanser. The Detoxifying Clay Mask effectively removes make-up, dirt and toxins embedded in the pores. The Oatmeal Face Scrub further removes dead cells and impurities whilst also nourishing and protecting the skin from free-radical damage. With Rice Extract Cream, this pampering is sure to leave your skin feeling clean and silky soft.

### NANO SHISO FACIAL

100min. ¥ 16,000(¥ 14,815)

Utilizing the benefits of Nano Shiso Oil this treatment can significantly improve the skin's appearance and moisture level, as dryness is one of the major causes of the aging process. Savor the results of cleansing, toner, scrub, massage, treatment and Anti-aging Facial Cream from our Shiso line revealing a brighter, younger you.

## ■ TRIAL

### Trial Aromatherapy Massage

45min. ¥ 8,640(¥ 8,000)

A gentle detoxifying lymphatic massage combining the healing properties of essential oils and nourishing Rice Bran Oil to help lift your spirits, soothe your mind and relax your body. This very soothing treatment will continue to have effect for a few days after whilst the oil is allowed to deeply penetrate the skin for a few hours.

### Trial facial

45min. ¥ 8,640(¥ 8,000)

For all skin types, this treatment begins with a gentle wash with our Facial Cleanser to effectively remove make-up. With Rice Extract Cream, this pampering is sure to leave your skin feeling clean and silky soft.

## ■ ADD. ONS

### HEAD, NECK & BACK

30min. ¥ 5,400(¥ 5,000)

This medium to firm pressure massage is designed to focus on the stressed muscles in particular areas of the back, shoulders, neck and head. Loosening up the tight muscles caused by busy modern lifestyles, this treatment will improve circulation, induce deep relaxation and ease away chronic muscular aches and pain.

### FOOT SCRUB & FOOT CARE

30min. ¥ 5,400(¥ 5,000)

A soothing Sea Salt bath followed by an exfoliating scrub with rice bran and Corn Cob Scrub helps rid the feet of tension and dry skin. This combined with massage and reflexology results in the ultimate foot and leg pampering. Based on ancient Chinese philosophy, the feet contain reflex points connected to the organs and glands of the body. This very effective and deeply relaxing massage can be done at least three times a week to maintain a healthy mind and body.

## BODY SCRUB

30min. ¥ 5,400(¥ 5,000)

Prepare your skin with a 15 minute steam and get ready for a thorough exfoliation. Reveal a healthy complexion with a botanic or mineral scrub of your choice whilst light massage stimulates energy flow. (Aromatic Salt Scrub , Oriental Essence Salt Scrub ,or Eden Breeze Body Scrub) Ideal for normal skin type, a detoxifying body scrub that combines moisture from rice bran oil, exfoliating sea salt and the healing properties of essential oils.

## HEAD TREATMENT

10min. ¥ 1,620(¥ 1,500)

This optional head treatment will release tension in the neck and shoulder muscles, whilst leaving the face smooth, toned and tightened. We recommend to combine this with a body or facial treatment.

### ■ PACKAGES

#### REFRESH FOOT THERAPY

80min. ¥ 12,300(¥ 11,389)

Foot bath and foot care (30min.)  
Foot massage (50min.)

#### STRESS ELIXIR

100min. ¥ 15,300(¥ 14,167)

Foot bath and foot care (30min.)  
Body massage: Aroma or Swedish (40min.)  
Foot reflexology (30min.)

#### UNVEIL THE BEAUTY

120min. ¥ 18,360(¥ 17,000)

Foot bath and foot care (30min.)  
Body scrub (30min.)  
Body massage: Aroma or Swedish (60min.)

#### Spa Etiquette:

- Pre-treatment consultation, dressing change, foot bath are included 30 minutes.  
\*15 minutes for Trial menus.
- Cancellation policy: Please let us know your cancellation notice before 5pm the day before your booking, for the courtesy of other guests.
- For your late arrivals, your treatment would be shortened and finished within the scheduled time slot, for the courtesy of next guests.
- Guests, who are pregnant or have had any surgery and/or medical concerns including allergy, are advised to consult their physician before booking our spa